


# Equine First Aid Kit

 Great Lakes Equine Wellness Center suggests the following items for your first aid kit:

- Normal vital sign parameters (see below)
- Digital thermometer
- Stethoscope
- Banamine paste\*
- Phenylbutazone (Bute) Paste/tablets\*
- Antibiotic wound ointment (ex. Neosporin)
- Bandaging supplies
  - Telfa pads
  - Roll/sheet cotton
  - Roll gauze
  - Vetwrap
  - Elastikon
- Clippers with 40 blade
- Flashlight
- Triple antibiotic eye ointment (non-steroidal)
- Eye wash
- 4 clean quilts with standing wraps (stable wraps)
- 1 package of sterile 4 x 4 gauze sponges
- Betadine or chlorohexidine solution
- Saline solution
- Latex exam gloves
- Bandage scissor
- Instant cold pack
- Poultice
- Epsom salts
- Oral electrolytes
- Dose Syringe
- Veterinarian's phone number

## VITAL SIGNS

<b>Heart Rate</b> (The HR is taken low on the left side of the horse in the area of the girth just behind the elbow.)	24-44 beats/min (adults) 80-100 beats/min (foals)
<b>Respiratory Rate</b>	8-15 breaths/min (adults) 20-60 breaths/min (foal)
<b>Temperature</b> (Take rectally & lubricate with vaseline, KY jelly or saliva.)	99-101° F (adults) 99-102° F (foals)
<b>Mucous Membranes</b>	Pale pink to pink in color, moist to the touch
<b>Capillary Refill Time (CRT)</b>	Less than 2 seconds

\* Banamine and Bute are prescription medications and should not be given unless directed on the phone by a veterinarian.



*in the event of illness  
or injury, the horse  
owner should be  
prepared to care for  
their horse until the  
veterinarian arrives.  
Every horse owner  
should have a first  
aid kit that should be  
readily available.*

