

# Foaling Diary

> Mare: \_\_\_\_\_  
> Due Date: \_\_\_\_\_  
Approximately 11 months and 5 days from last date bred)

> Veterinarian Phone: 920-779-4444  
> Other: \_\_\_\_\_

> Started bagging up: \_\_\_\_\_  
Waxed: \_\_\_\_\_  
Started Labor: \_\_\_\_\_  
Water Broke: \_\_\_\_\_  
Amnion Appeared: \_\_\_\_\_  
Head/shoulders delivered: \_\_\_\_\_  
Dipped navel: \_\_\_\_\_  
Foal stood: \_\_\_\_\_  
Foal nursed: \_\_\_\_\_  
Afterbirth Passed: \_\_\_\_\_  
Foal Passed Meconium: \_\_\_\_\_

It is very important to monitor your mare during foaling but to allow her to foal without your interference and in the peace and quiet. Horses are instinctual prey animals and can at times hold off having their babies until they feel ready. Mares are more than capable of having their babies without our help; therefore do not interfere unless there appears to be a problem.

If you are concerned at ANY stage of the labor or delivery, contact Great Lakes Equine Wellness Center immediately at 920-779-4444.



## My Foal

Place your baby's photo here.

**Call 920-779-4444 immediately if your mare experiences any of the following: pushing longer than 20 minutes, red velvety membrane coming out of the vulva, straining with no part of foal visible, no active progression, excessive bleeding/vaginal tearing, hind limbs coming out first, amniotic sac does not break once foal is expelled or placenta has not been expelled after 3 hours.**